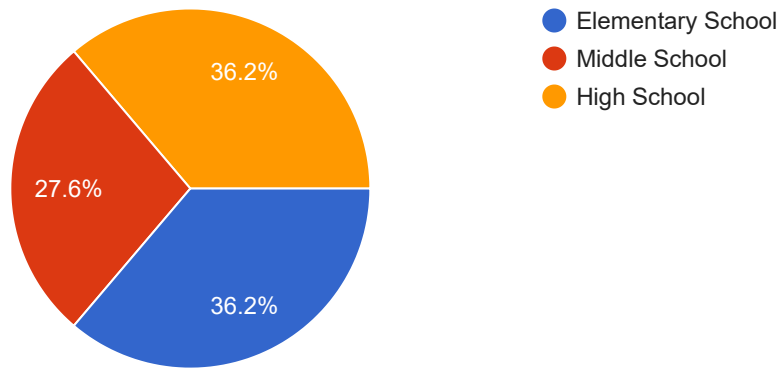


# Wellness Survey 2019

58 responses

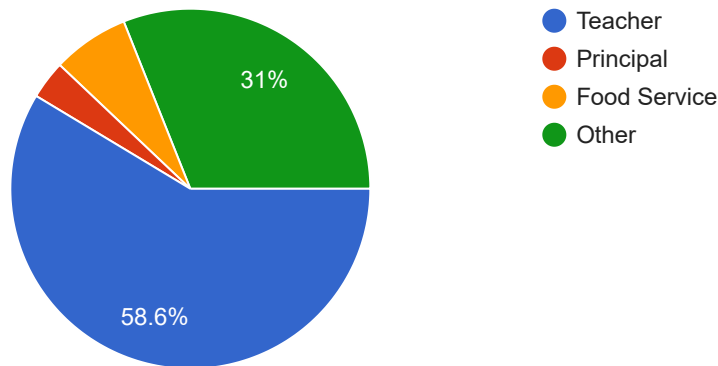
Please select the building in which you work.

58 responses



Please indicate your position at RULH.

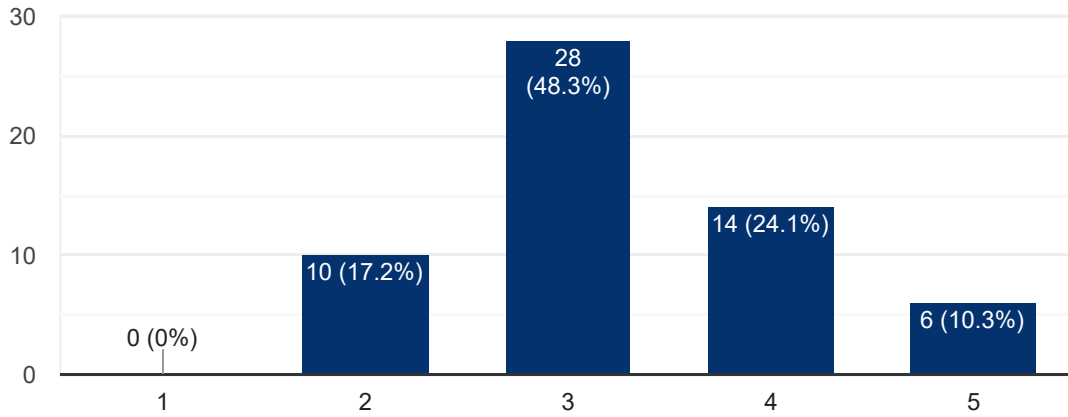
58 responses



In my district or building...

### Teachers and parents provide healthy choices for snacks and celebrations and limit unhealthy choices.

58 responses

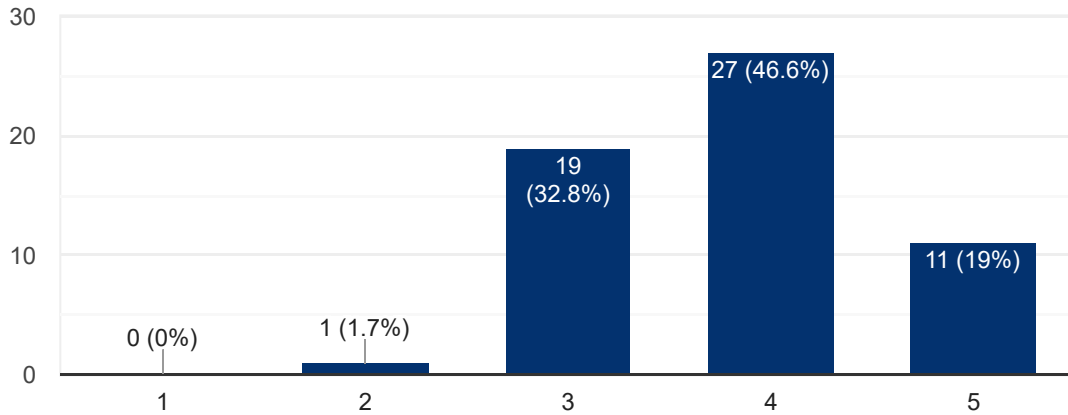


### Teachers and parents provide water and low fat milk and limit or eliminate sugary beverages

58 responses

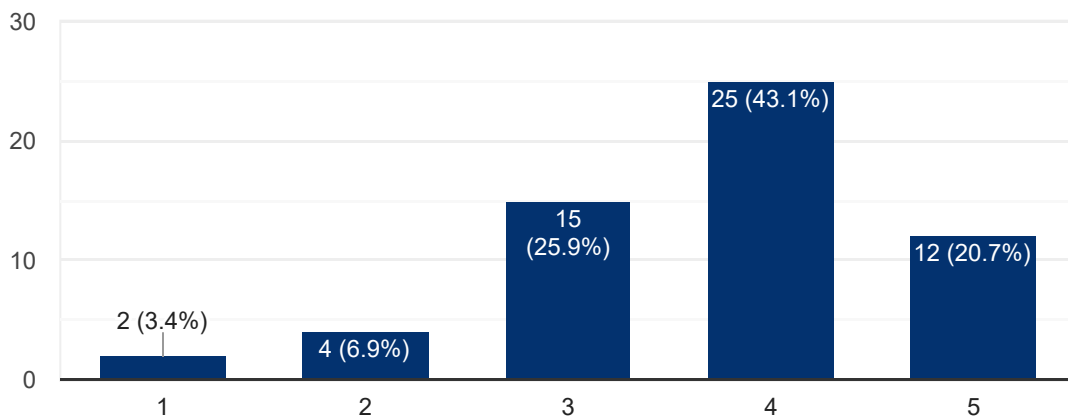
### Teachers and principals provide non-food rewards.

58 responses



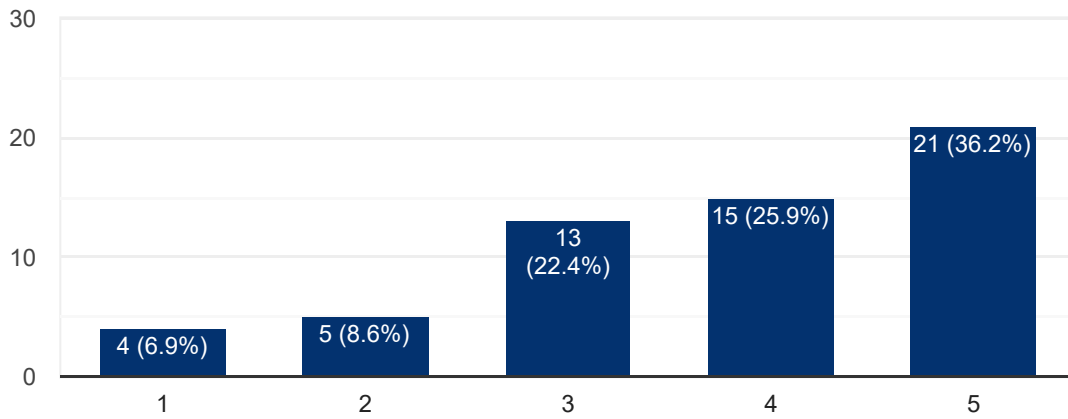
### All schools will provide tools and information to promote health and wellness education to families.

58 responses



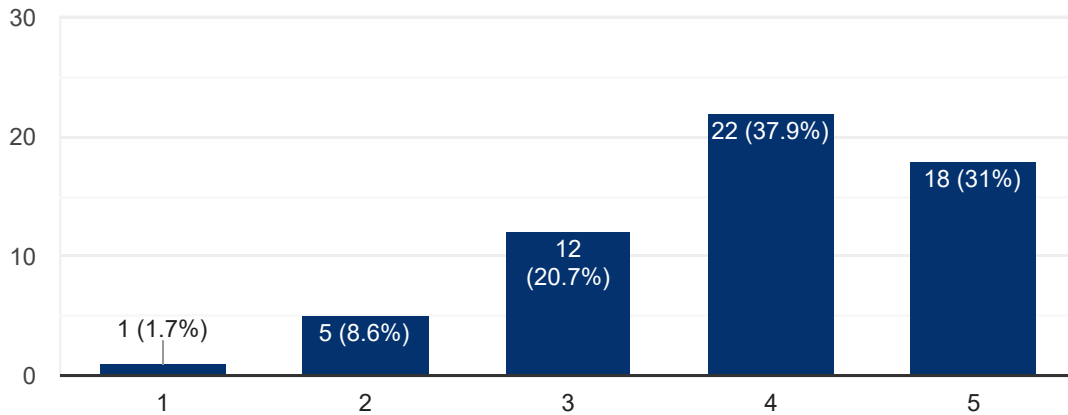
### Provide opportunities for children to get physical activity every day.

58 responses



The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment.

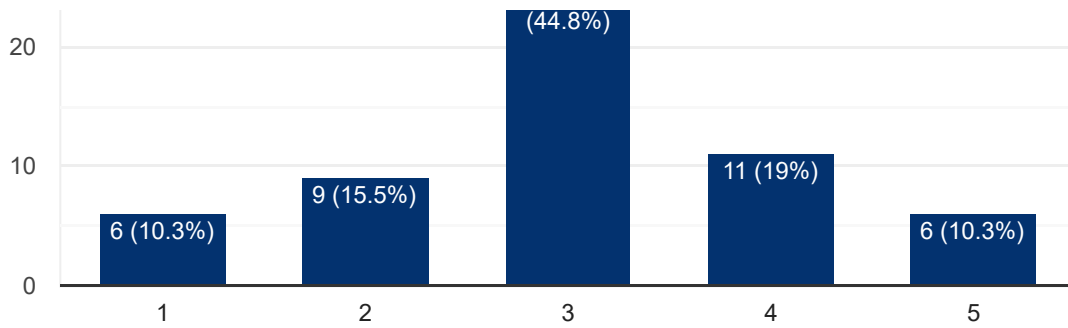
58 responses



All schools will provide activities that promote staff wellness.

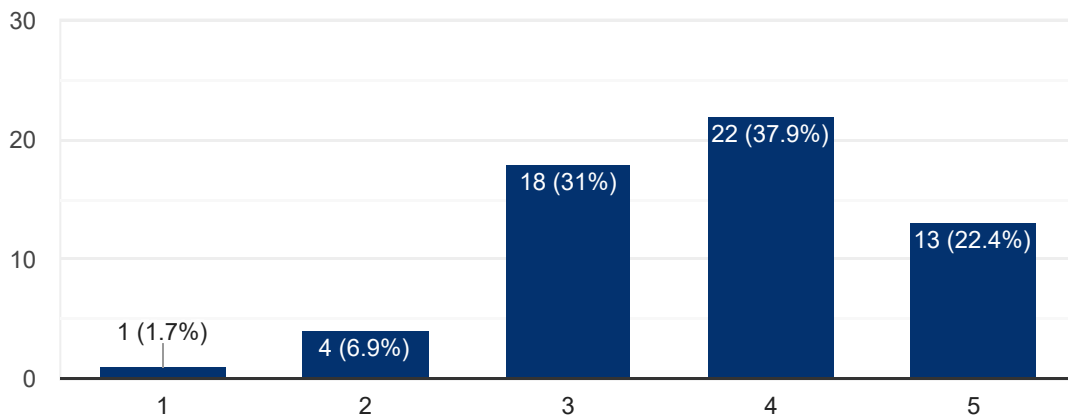
58 responses





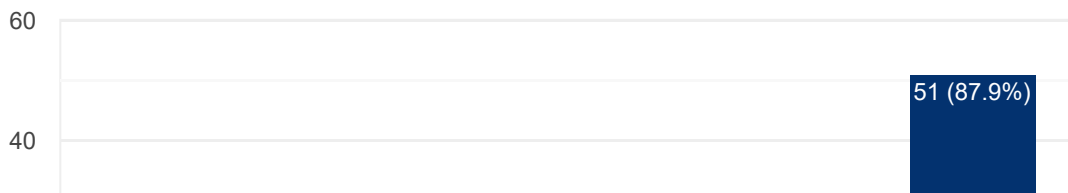
Students are supported and encouraged to make healthy decisions.

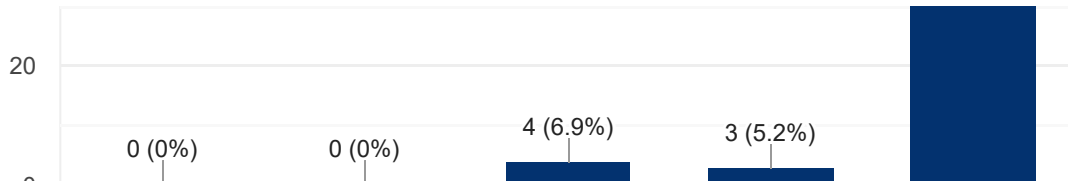
58 responses



All schools participate in federal school meal programs.

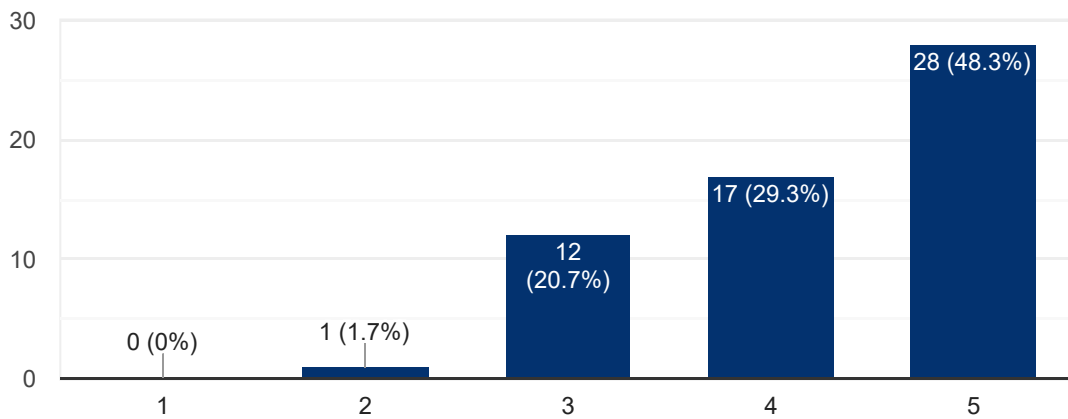
58 responses





All schools provide nutrition and physical education to foster lifelong habits of healthy eating and physical activity.

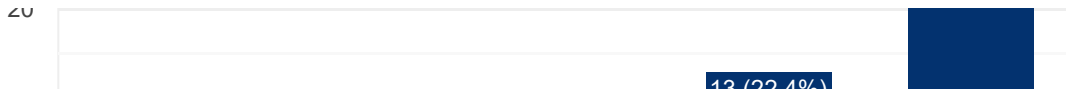
58 responses



Lunchtime is scheduled so students have time to eat in a stress-free setting.

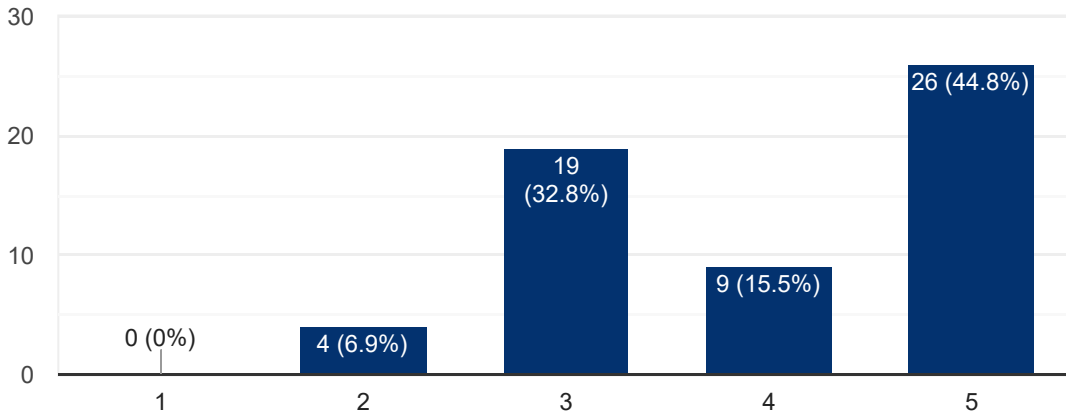
58 responses





### All schools provide classes that promote nutrition and health education.

58 responses



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