

SEPTEMBER | 2023

RULH Elementary Lunch Menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| <p>28 To pay on your child's account and fill out a free and reduced application go to LINQ Connect - Making Schools Stronger</p> | <p>29 Menu Subject to Change</p> | <p>30 PLEASE FILL OUT A NEW LUNCH APPLICATION FOR THE 20232024 SCHOOL YEAR.</p> | <p>31</p> | <p>1 Cheeseburger on Bun French Fries Pears Milk</p> |
| <p>4 No School. Enjoy your day off ☺</p> | <p>5 Meatball Hoagie w/Marinara & Cheese on Bun Seasoned Broccoli Mixed Fruit Milk</p> | <p>6 Stuffed Crust Pizza Tossed Romaine Salad Applesauce Goldfish Milk</p> | <p>7 Chicken Fajita Wrap w/Cheese Seasoned Carrots Strawberries w/Topping Milk</p> | <p>8 Grilled Pepperoni & Cheese Melt w/Marinara Hash Brown Potato Sidekick Slushy Milk</p> |
| <p>11 Grilled Cheese Campbell's Tomato Soup Oyster Crackers & Pickles Carrot Sticks Peaches Milk</p> | <p>12 Walking Taco w/cheese Refried Beans Mixed Fruit Milk</p> | <p>13 Buffalo Popcorn Chicken w/Warm Breadstick Tossed Salad w/Dressing Oranges Milk</p> | <p>14 Sub Sandwich on Bun w/Cheese Seasoned Broccoli Banana Milk</p> | <p>15 Stuffed Crust Pizza Tator Tots Pears Milk</p> |
| <p>18 Bosco Sticks w/Marinara Seasoned Carrots Peaches Milk</p> | <p>19 Taco Beef Burrito Wrap & Cheese Refried Beans Mixed Fruit Milk</p> | <p>20 Brunch For Lunch French Toast Sticks Syrup Cup Sausage Patty Hash Brown Juice Cup, Milk</p> | <p>21 Chicken Nuggets Mashed Potatoes w/Gravy Dinner Roll Oranges Milk</p> | <p>22 Chicken Patty on Bun Seasoned Broccoli Pears Milk</p> |
| <p>25 NO School☺ Enjoy your break ☺</p> | <p>26 NO School☺ Enjoy your break ☺</p> | <p>27 NO School☺ Enjoy your break ☺</p> | <p>28 NO School☺ Enjoy your break ☺</p> | <p>29 NO School☺ Enjoy your break ☺</p> |

News

1st Lunch Free

2nd Lunch Price \$2.95

1st Breakfast Free

2nd Breakfast \$1.85

Milk \$.60

Daily Entrée Choices

Chef's Salad w/Breadsticks
Fun Bunch Peanut Butter & Jelly Lunch Pack

Milk Choices: FF

Chocolate, 1% White

FYI: Please fill out a new application for the lunch program each year. Last year's application will carry over for the first two weeks. You can apply online at

www.LINQconnect.com