

# MAY | 2024



## RULH Jr./Sr. High School – Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	2 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	3 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk
6 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	7 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	8 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	9 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	10 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk
13 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	14 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	15 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	16 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	17 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk
20 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	21 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	22 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	23 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Pop tarts & Cereal, Fruit or Juice, Milk	24
27	28	29	30	31

### News

**1<sup>st</sup> Breakfast Free**  
 2<sup>nd</sup> Breakfast \$1.85  
 Milk \$.60  
 Adult Breakfast \$2.50  
 Milk \$.60

Milk Choices: FF  
 Chocolate, 1% White

FYI: Please fill out a new application for the lunch program each year. Last year's application will carry over for the first two weeks. You can apply online at [www.LINQconnect.com](http://www.LINQconnect.com)