

OCTOBER | 2024

RULH Jr./Sr. High School – Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 Chicken Quesadilla w/Salsa Celery Sticks Sidekick Slushy Milk	2 Buffalo Popcorn Chicken w/Warm Breadstick Caesar Tossed Salad Oranges Milk	3 Chicken Patty on Bun Homemade Baked Beans Strawberries w/topping Milk	4 Stuffed Crust Pizza Tator Tots Pears Milk
7 Pepperoni & Cheese Calzone w/Marinara Seasoned Broccoli Peaches Milk	8 Pulled Pork Nachos with Cheese sauce & Salsa Homemade Baked Beans Mixed Fruit Milk	9 MARCO'S PIZZA DAY Carrots Sticks Applesauce Goldfish Milk	10 Chicken Alfredo w/Rotini Garlic Toast Seasoned Corn Banana Milk	11 Chili Cheese Coney on Bun Hash Brown Potato Pears Milk
14 Chicken Nuggets Warm Breadstick Seasoned Green Beans Peaches Milk	15 Nacho Chip & Cheese Haystack w/Taco Beef & Cheddar Cheese & Salsa Seasoned Broccoli Mixed Fruit Milk	16 Mini Corn Dogs Homemade Baked Beans Oranges & Pineapple Milk	17 Turkey, Bacon and American Cheese on Sub Bun Seasoned Carrots Oranges Milk	18 Cheeseburger on Bun French Fries Pears Milk
21 Staff In-service-No school for students	22 Beef Burrito w/Cheese & Salsa Refried Beans Mixed Fruit Milk	23 Chicken Nuggets Macaroni and Cheese Seasoned Broccoli Pineapple Milk	24 Soft Warm Pretzel W/Cheese Sauce Yogurt Cup Carrot Sticks Applesauce Milk	25 Chicken Patty on Bun Potato Smiles Pears Milk
28 Pepperoni Pizza Tossed Salad w/dressing Peaches Milk	29 Meatball Hoagie w/Marinara & Cheese on Bun Seasoned Corn Banana Milk	30 Grilled Chicken and Cheese on Bun Seasoned Broccoli & Cheese Strawberries w/Topping Milk	31 Hot Dog on Bun Sun Chips Carrot Sticks Applesauce Cup Halloween Treat Milk	1 Menu Subject to Change

News

1st Lunch Free
2nd Lunch \$2.95
Adult Lunch \$4.90
Milk \$.60

Daily Entrée Choices

Big Daddy's Pizza
Chef's Salad with
Breadsticks,
Fun Bunch Peanut
Butter & Jelly Lunch
Pack

Milk Choices

FF, 1% Chocolate Milk,
Chocolate, 1% White

**You can check
balances or put
money on your child's
account for the lunch
program at**

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