



Join Us For  
Breakfast

# September 2024 Breakfast Menu

## RULH Jr./Sr. High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p>Labor day No School</p>	<p><b>3</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>4</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>5</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>6</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>
<p><b>9</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>10</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>11</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>12</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>13</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>
<p><b>16</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>17</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>18</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>19</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>20</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>
<p><b>23</b></p> <p>Brown Co. Fair Break No School Enjoy your time off ☺</p>	<p><b>24</b></p> <p>Brown Co. Fair Break No School Enjoy your time off ☺</p>	<p><b>25</b></p> <p>Brown Co. Fair Break No School Enjoy your time off ☺</p>	<p><b>26</b></p> <p>Brown Co. Fair Break No School Enjoy your time off ☺</p>	<p><b>27</b></p> <p>Brown Co. Fair Break No School Enjoy your time off ☺</p>
<p><b>30</b></p> <p>Sausage, Egg &amp; Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels &amp; Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>

### News

1<sup>st</sup> Breakfast Free  
2<sup>nd</sup> Breakfast \$1.85  
Adult Breakfast \$2.50  
Milk \$.60

### Milk Choices

FF, 1% Chocolate Milk,  
Chocolate, 1% White

You can check  
balances or put  
money on your child's  
account at

[LINQ Connect - Making  
Schools Stronger](#)

THIS INSTITUTION IS AN  
EQUAL OPPORTUNITY  
PROVIDER