

# NOVEMBER | 2024



## RULH Jr./Sr. High School – Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Menu Subject to Change	29	30	31	1 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk
4 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	5 No School for Students	6 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	7 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	8 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk
11 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	12 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	13 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	14 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	15 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk
18 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	19 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	20 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	21 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	22 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk
25 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	26 Sausage, Egg & Cheese on Bun, Whole Grain Donuts, Cereal, Muffins, Bagels & Cream Cheese, Mini Pancakes, Pancake Stick, Fruit or Juice, Milk	27 No School 😊 Enjoy Your Break	28 No School 😊 Enjoy Your Break	29 No School 😊 Enjoy Your Break

### News

1<sup>st</sup> Breakfast Free  
2<sup>nd</sup> Breakfast \$1.85  
Adult Breakfast \$2.50  
Milk \$.60

### Milk Choices

FF, 1% Chocolate Milk,  
Chocolate, 1% White

You can check  
balances or put  
money on your child's  
account at

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